

SA National Omnium and Madison Championships

03-04 September 2022

HOSTED BY



General Provisions

The SA National Omnium and Madison Championships will take place on Saturday, 3-4 September 2022, at **Hector Norris Park**, Turf Road, Glenesk, Johannesburg (South).

The event will be held in accordance with the Regulations of the Union Cycliste Internationale (UCI), unless otherwise stated in the race guidelines below or ruled so by the National Federation.

Racing will take place weather permitting. There will be **no** extension of an event past the day allocated for racing. The racing format may also be modified at the discretion of the president commissaire (PC) in response to unforeseen stoppages, with the possibility of races being cancelled due to insufficient time to complete them. In case of events being cancelled, points for events already completed will be used for final results. No races will start after 17h00.

Entries and Registration

Eligibility

This event is open to CSA registered members.

For safety reasons, only seasoned track cyclists, cyclists who have recently (last 6 months) competed in at least TWO league, National or Provincial events will be allowed to participate. Organisers may verify and confirm your eligibility to participate with your Provincial/Regional Track Commission or Coach. It is the riders' responsibility to ensure that they qualify in terms of the above.

For youths U17 and below, a Cycling SA membership is required. Junior, Elite & Masters must be in possession of a valid Cycling SA Racing Licence. All riders must present a copy of their licence or membership at registration and upon demand during the event. No day licences will be sold for the event.

Any rider deemed to be a safety risk may be removed from the race by the PC at any time.

Cyclists are not considered registered for the event until all administrative requirements have been fulfilled:

- Entry form has been completed
- Indemnity form has been signed
- Entry fee has been paid in full
- CSA Track Racing Licence has been verified (All riders 17 and older on 31 December 2022)

- Youth riders are required to have a CSA membership (all riders 15 or 16 on 31 December 2022)

Racing and Age Categories Omnium and Madison

In all cases, the age of the competitor shall be determined by their age on 31 December 2022.

For the sake of safety on the track, riders are encouraged to make sure that they can ride the time guidelines set out below before entering.

Racing Categories

Under 17

- Age 15 or 16 on 31 December 2022
- Qualifying time – See below
- U17 gearing restrictions will apply for all participants in this category (equal to and not more than 6.897 metres)
- U17 Girls will race with the ladies' batch, but will be judged and podium separately

Junior

- Age 17 or 18 on 31 December 2022
- Qualifying time – See below
- Junior and Elite cats could be combined, in which case (NO UCI points will be awarded)
- No gearing restrictions will apply

Elite

- Age 19-34 on 31 December 2022
- Qualifying time – See below
- Junior and Elite cats could be combined, in which case (NO UCI points will be awarded)
- A minimum of 10 Elite Ladies and 20 Elite men (on the line) will be required for Elite only batches.
- No gearing restrictions will apply

Masters

- Two age groups/categories (podiums) 35-49 and 50+ on 31 December 2022

- If less than 5 riders enter per age group, the Masters category may be combined into a single race with one result.
- If not at least 10 entries per masters group, the masters categories could be combined with other racing groups 35-49 with Junior and Elite Categories and 50+ with Ladies Categories
- Qualifying time – See below
- Veterans/Masters will be allowed to enter in a younger age group than what is stated on his licence. He must, however, then compete in that age group for the day and cannot just do certain events in said age group
- No gearing restrictions will apply

Masters Women

Will be grouped in the same race as Elite and Junior women, but there will be separate podiums

- Two age groups/categories (podiums) 35-49 and 50+ on 31 December 2022. If less than 5 riders enter per age group, the Masters cat may be combined into a single race with one result (please refer to point 36 of the 2021 CyclingSA Track Handbook)
- Veterans/Masters will be allowed to enter in a younger age group than what is stated on her licence. She must, however, then compete in that age group for the day and cannot just do certain events in said age group
- Qualifying time – See below
- No gearing restrictions will apply

Racing categories may be combined or split and race distances adjusted at the discretion of the PC.

The rules for Medalling at National Championships as set out in chapter 36 of the Cycling SA Track Handbook will be strictly applied.

Notice of any changes will be displayed on the notice board and will be announced on race day.

To ensure rider safety, a time standard guideline is supplied for riders who do not compete on the track regularly and are not sure if they are currently on the right pace to participate safely.

Entering the event remains at the discretion of the rider and coach.

(Time Standard Guidelines Revised July 2022)

Flying Laps-Scratch/Points/Omnium

<u>Gender Cat</u>		<u>Dist</u>	
Male	Elite	4000	04:26
Male	Junior	3000	03:50
Male	U17	2000	02:43
Female	Elite	3000	03:52
Female	Junior	2000	02:48
Female	U17	2000	02:55

Race Distances

Race distances may be adjusted/shortened, minimum 1 hour notice to be given prior to race start.

Omnium

Event Distances		Masters Men		Elite Men		Junior Men		Open Women		U17 Boys/Girls	
Race	Scoring	Distance	Laps	Distance	Laps	Distance	Laps	Distance	Laps	Distance	Laps
Scratch		5,000	10 HNP Laps	10,000	20 HNP Laps	7,500	15 HNP Laps	5,000	10 HNP Laps	5,000	10 HNP Laps
Tempo Points	Sprint Every lap after 2 1 Point for winner only Lap Gain/Loss +20-20 Winner 40; 38;36 etc	5,000	17 HNP Laps Bell at 10 Sprint every Lap	10,000	22 HNP Laps Bell at 20 Sprint every Lap	7,500	17 HNP Laps Bell at 15 Sprint every Lap	5,000	17 HNP Laps Bell at 10 Sprint every Lap	5,000	17 HNP Laps Bell at 10 Sprint every Lap
Elimination	Winner 40; 38;36 etc	Elimination every Lap Flying Start/bell after 1 Lap		Elimination every Lap Flying Start/bell after 1 Lap		Elimination every Lap Flying Start/bell after 1 Lap		Elimination every Lap Flying Start/bell after 1 Lap		Elimination every Lap Flying Start/bell after 1 Lap	
Points	Sprint Every 5 Laps Points 5;3;2;1 Double Points in Final Lap Lap Gain/Loss +20-20 Actual Points Scored is used	15,000	30 HNP Laps Sprint Every 5 laps	25,000	50 HNP Laps Sprint Every 5 laps	20,000	40 HNP Laps Sprint Every 5 laps	15,000	30 HNP Laps Sprint Every 5 laps	15,000	30 HNP Laps Sprint Every 5 laps

Madison

TRACK LENGTH (in m)	Event	MEN ELITE			WOMEN ELITE			MEN JUNIOR			WOMEN JUNIOR		
		Distance (km)	Laps	Sprints	Distance (km)	Laps	Sprints	Distance (km)	Laps	Sprints	Distance (km)	Laps	Sprints
250	Qualif.	15	60	6	10	40	4	10	40	4	10	40	4
	Final	30	120	12	20	80	8	20	80	8	15	60	6
200	Qualif.	14	70	7	10	50	5	10	50	5	8	40	4
	Final	30	150	15	20	100	10	20	100	10	16	80	8
285.714	Qualif.	16	56	5	12	42	4	12	42	4	10	35	3
	Final	30	105	10	20	70	7	20	70	7	16	56	5
333.33	Qualif.	14	42	7	10	30	5	10	30	5	10	30	5
	Final	30	90	15	20	60	10	20	60	10	16	48	8
400	Qualif.	14	35	7	10	25	5	10	25	5	8	20	4
	Final	30	75	15	20	50	10	20	50	10	16	40	8

Race distances for Youth and Msters to be confirmed once entries are closed and batching completed.

Entries

You can enter here: <https://hectornorristrackcycling.co.za/events/na-omnium-champs-22/>

Entries will close at 12h00 on 19 Aug 2022

Entry fees are non-refundable.

Entry Fees:

Elite, Junior & Master: Omnium or Madison - R450, Omnium and Madison - R650

Youth: Omnium or Madison - R250, Omnium and Madison - R400

No late entries will be accepted.

Entry fees to be paid to:

GAUTENG CYCLING (Not Central Gauteng)

Bank: STANDARD BANK

Branch: CLEARWATER BRANCH

Branch code: 051001

Account type: CURRENT

Account number:300559992

Reference: CSA Membership Number - Surname

Entries will be done online. Proof of payment must be emailed to Treasurer@CGCycling.co.za

no later than midnight on Friday 19 August 2022

Registration

Registration will take place on Saturday 03 September and Sunday 04 September 2022 at Hector Norris Park Track from 06:00-07:00

Here you will be able to:

- Confirm category entered
- Hand in the signed indemnity form
- Verify your Cycling SA Racing Licence or membership for U17
- Collect your race numbers and accreditation

Schedule

Events and schedules are subject to change and/or cancellation depending on entries received. A provisional copy of the schedule will be published one week before the start of the event.

Regulations

General

The SA Omnium Championships will be conducted in accordance with the General Regulations of the Union Cycliste Internationale (UCI), except where herein provided.

These rules and regulations can be obtained from the UCI web site at www.uci.org.

An official notice board will be positioned at the Hector Norris Park Club House, where results and notices will be posted.

Once a rider is registered and on the official start list, they will be fined R500 should they not appear on the start line unless they have officially withdrawn with the PC.

Riders are expected to be ready to start as soon as the previous event finishes.

Equipment

A designated area will be provided where bicycles and youth gears will be checked for compliance. Bike and equipment checks may be conducted any time before or after races and is the prerogative of the PC.

With regards to any object or equipment on bicycles, as per rule 3.2.005, "Riders may carry no object on them or on their bicycles that could drop onto the track. They may not bear or use on the track any music player or radio communication system. In addition, any electronic device with display (for instance, speedometer or power meter) must be hidden so it cannot be read by the riders."

Riders Numbers

As per UCI rule 3.2.009, riders shall bear 2 number panels.

Anti-doping Control

The Anti-doping Commission of the UCI or Drug Free Sport may designate an Anti-doping Inspector and Doctor for the event.

Riders required to report to anti-doping control shall be determined by the Anti-doping Regulator, the Track Commission, UCI Anti-doping Inspector and Doctor or otherwise.

It is advised that you make yourself aware of anti-doping rules, regulations and procedures. This can be done at <http://www.drugfreesport.org.za/education/>

Clothing

Riders may compete in their provincial, club, sponsor's or a plain jersey.

Previous National Omnium champions may ride with the Champions stripes on their collar and cuffs in the Joburg Omnium.

Event specific regulations

Omnium definition

The omnium is a single competition consisting of four events run with a maximum number of riders set by the track limit (UCI article 3.1.009) which shall be held over one day in the following order, Scratch Tempo Points, Elimination, Points

Madison Definition

The Madison Race is a speciality involving teams of 2 riders, in which the final placings are determined according to the accumulated points won by teams during the sprints and by taking laps.

Should the number of entrants exceed 36, points race heats will be held, from which an equal number of riders shall qualify from each heat to participate in the Omnium.

Whenever possible, there shall be an interval of at least 30 minutes between two events for the same category.

Any rider failing to attempt to start in one of the events shall not be allowed to take part in the subsequent events but shall be considered to have abandoned the competition.

Spectators & Parking

Entry to the track will be charged at R10 per adult and R5 per youth. This entry fee applies to both competitors, officials and spectators alike.

Security will be available at the track, however, anything left overnight is at your own risk.

Please keep vehicles locked at all times and keep an eye on your kit bags, wallets, phones etc, the organisers cannot be held responsible for any loss.

Track Open Times

The track will be open as follows:

- 7h00 and 8h00 during the event.
- During all intervals except during prizegiving ceremonies.

Riders must wear a helmet at all times while riding on the track.

Riders' race numbers must be visible at all times while riding on the track.

The Commissaires are in control whenever the track is open for riding.

Riders are not permitted to stop on the track (against the rail) when the track is open for riding.

Riders must observe track etiquette whenever the track is open for riding.

Riders will not be permitted to jump over the fence onto the track at any time during the event.

The sprinter's lane (section between the blue band and the red line) is reserved for pacelines and hard efforts. Slow riders to ride in single file on the stayer's line unless they are overtaking or doing an effort.

Only officials may cross the track while the track is open for riding.

No riders will be allowed on the track when it is officially closed.

Riders Area

Gazebos can be erected in designated areas only. A plan will be provided at registration showing designated areas.

Nobody will be allowed to sit inside the track.

General Rules

No one except officials, riders going to their starting station, and accredited managers, mechanics, coaches and photographers will be allowed in the centre of the track.

No animals will be allowed at Hector Norris Park Track.

Awards Ceremony

Awards ceremonies will be held as per the programme.

Riders placed in each event shall make themselves available at the time required by the organisers for the awards ceremony.

Riders who cannot attend the awards ceremony must advise the PC or the Technical Delegate so that the ceremony is not delayed while trying to locate a rider.

As per UCI rule 1.2.113, riders shall appear at official ceremonies wearing competition clothing. Sneakers are permissible instead of cycling shoes.

No headwear may be worn.

Managers, Coaches Meeting

The managers' meeting will be held at 07:00 on Saturday 03 and Sunday 04 September 2022 in front of the clubhouse at Hector Norris Park. All team managers are required to attend this meeting. Only team managers and coaches who are able to produce their relevant CSA licences at the managers' meeting, will be eligible for accreditation. Accreditation for licensed managers, mechanics and coaches to be done at the managers' meeting. Accreditation must be kept on your person at all times. Email any queries to HNP.TrackEvents@gmail.com.