

Post Omnium Scratch Races

12 September 2021

HOSTED BY



General Provisions

The Post Omnium Scratch Races will take place on Sunday 12 September 2021, at **Hector Norris Park**, Turf Road, Glenesk, Johannesburg (South).

The event will be held in accordance with the Regulations of the Union Cycliste Internationale (UCI), unless otherwise stated in the race guidelines below or ruled so by the National Federation.

The Races will take place weather permitting. There will be **no** extension of the event past 12h00 Sunday 12 September. The racing format may also be modified at the discretion of the president commissaire (PC) in response to unforeseen stoppages, with the possibility of races being cancelled due to insufficient time to complete them. In case of events being cancelled, the Junior and Elite races will take preference.

Entries and Registration

Eligibility

This event is open to CSA registered members.

For safety reasons, only seasoned track cyclists, cyclists who have recently (last 6 months) competed in at least TWO league, National or Provincial events, will be allowed to participate. Organisers may verify and confirm your eligibility to participate with your Provincial/Regional Track Commission or Coach. It is the riders' responsibility to ensure that they qualify in terms of the above.

For youths U15/U17, a Cycling SA membership is required. Junior, Elite & Masters must be in possession of a valid Cycling SA Racing Licence. All riders must present a copy of their licence or membership at registration and upon demand during the event. No day licences will be sold for the event.

Any rider deemed to be a safety risk may be removed from the race by the PC at any time.

Cyclists are not considered registered for the event until all administrative requirements have been fulfilled:

- Entry form has been completed
- Indemnity form has been signed
- Entry fee has been paid in full
- CSA Track Racing Licence has been verified (All riders 17 and older on 31 December 2021)

- Youth riders are required to have a CSA membership (all riders 13, 14, 15 or 16 on 31 December 2021)

Racing and Age Categories

In all cases, the age of the competitor shall be determined by their age on 31 December 2021

For the sake of safety on the track, riders are encouraged to make sure that they are able to ride the time guidelines set out below before entering.

Racing Categories

Under 17

- Age 15 or 16 on 31 December 2021
- Qualifying time – See below
- U17 gearing restrictions will apply for all participants in this category (equal to and not more than 6.897 metres)
- U17 Girls will race with the ladies' batch, but will be judged and podium separately
- Final-year U15 riders who want to ride up are referred to rule 8.3 of the CSA Track rules. Permission letters are to be submitted at least 48hours before the event.

Junior

- Age 17 or 18 on 31 December 2021
- No gearing restrictions will apply
- Junior and Elite races will be combined, but Judged separately for separate podiums.
- Final-year U17 riders who want to ride up are referred to rule 8.3 of the CSA Track rules. Permission letters are to be submitted at least 48hours before the event.

Elite

- Age 19-34 on 31 December 2021
- No gearing restrictions will apply
- Masters wishing to enter as Elite may do so in accordance with rule 6.5.2 of the CSA Track rules.

Masters

- Two age groups/categories (podiums) 35-49 and 50+ on 31December 2021
- If less than 5 riders enter per age group, the Masters category may be combined into a single race with one result (please refer to point 36 of the 2021 CyclingSA Track Handbook)

Open Women

Will be grouped in the same race as U17, Junior, Elite and Masters women.

- If less than 5 riders enter per age group, the Masters category may be combined into a single race with one result (please refer to point 36 of the 2021 CyclingSA Track Handbook).
- Veterans/Masters will be allowed to enter in a younger age group than what is stated on her licence. She must, however, then compete in that age group for the day and cannot just do certain events in said age group
- Gearing restrictions will apply to youth riders.

Racing categories may be combined or split at the discretion of the PC.

Race distances may be adjusted/shortened, minimum 1 hour notice to be given prior to race start.

Notice of any changes will be displayed on the notice board and will be announced on race day.

To ensure rider safety, a time standard guideline is supplied for riders who do not compete on the track regularly and are not sure if they are currently on the right pace to participate safely.

Entering the event remains at the discretion of the rider and coach.

(2021 Gauteng Time Guidelines Revised Aug 2021)

Individual Pursuit

<u>Gender</u>	<u>Cat</u>	<u>Dist</u>	
Male	Elite	4000	05:32
Male	Junior	3000	04:24
Male	U17	2000	03:13
Female	Elite	3000	04:38
Female	Junior	2000	03:15
Female	U17	2000	03:22

OR

Flying Laps-Scratch/Points/Omnium

<u>Gender</u>	<u>Cat</u>	<u>Dist</u>	
Male	Elite	5000	07:06
Male	Junior	4000	06:00
Male	U17	3000	04:57
Female	Elite	4000	06:20
Female	Junior	3000	05:00
Female	U17	3000	05:11

<u>Event Distances</u>	<u>Scratch 1</u>	<u>Scratch 2</u>
Junior & Elite men	3000m	40km
Open Ladies	1500m	20km
Masters Men	1500m	20km

Entries

You can enter at : <https://hectornorristrackcycling.co.za/events/np/post-omnium-scratch-race/>

Entries will close at 12h00 on 8 September 2021.

Entry fees are non-refundable.

Entry Fees:

Elite, Junior & Master R250.00

Youth R150.00

Late entries will be accepted until 12h00 on Saturday 11 September and will need to be done manually at Hector Norris Park Clubhouse. Late entry fee of R200.00 will apply.

Entry fees to be paid to:

GAUTENG CYCLING (Not Central Gauteng)

Bank: STANDARD BANK

Branch: CLEARWATER BRANCH

Branch code: 051001

Account type: CURRENT

Account number:300559992

Reference: CSA Membership Number - Surname

Entries to be done online. Proof of payment must be emailed to Treasurer@CGCycling.co.za No later than midnight on Thursday 09 September 2021

Registration

Registration will take place on Saturday 11 July 2021 at Hector Norris Park Track from 06:00-12:00

Here you will be able to:

- Confirm category entered
- Hand in the signed indemnity form
- Verify your Cycling SA Racing Licence or membership for U17
- Collect your race numbers and accreditation

Schedule

Events and schedules are subject to change and/or cancellation depending on entries received. A provisional copy of the schedule will be published one week before the start of the event.

Regulations

General

The races will be conducted in accordance with the General Regulations of the Union Cycliste Internationale (UCI), except where herein provided.

These rules and regulations can be obtained from the UCI web site at www.uci.org.

An official notice board will be positioned at the Hector Norris Park Club House, where results and notices will be posted.

Riders are expected to be ready to start as soon as the previous event finishes.

Equipment

A designated area will be provided where bicycles and youth gears will be checked for compliance. Bike and equipment checks may be conducted any time before or after races and is the prerogative of the PC.

With regards to any object or equipment on bicycles, as per rule 3.2.005, "Riders may carry no object on them or on their bicycles that could drop onto the track. They may not bear or use on the track any music player or radio communication system. In addition, any electronic device with display (for instance, speedometer or power meter) must be hidden so it cannot be read by the riders."

Riders Numbers

As per UCI rule 3.2.009, riders shall bear 2 number panels.

Anti-doping Control

The Anti-doping Commission of the UCI or Drug Free Sport may designate an Anti-doping Inspector and Doctor for the event.

Riders required to report to anti-doping control shall be determined by the Anti-doping Regulator, the Track Commission, UCI Anti-doping Inspector and Doctor or otherwise.

It is advised that you make yourself aware of anti-doping rules, regulations and procedures. This can be done at <http://www.drugfreesport.org.za/education/>

Clothing

Riders may compete in their provincial, club, sponsor's or a plain jersey.

Event specific regulations

Should the number of entrants exceed 48, scratch race heats will be held, from which an equal number of riders shall qualify from each heat to participate in the final Race.

Whenever possible, there shall be an interval of at least 30 minutes between two events for the same category.

Spectators & Parking

Entry to the track will be charged at R10 per adult and R5 per youth. This entry fee applies to both competitors, officials and spectators alike.

Security will be available at the track, however, anything left overnight is at your own risk.

Please keep vehicles locked at all times and keep an eye on your kit bags, wallets, phones etc, the organisers cannot be held responsible for any loss.

Track Open Times

The track will be open as follows:

- 7h00 to 07h30.

Riders must wear a helmet at all times while riding on the track.

Riders' race numbers must be visible at all times while riding on the track.

The Commissaires are in control whenever the track is open for riding.

Riders are not permitted to stop on the track (against the rail) when the track is open for riding.

Riders must observe track etiquette whenever the track is open for riding.

Riders will not be permitted to jump over the fence onto the track at any time during the event.

The sprinter's lane (section between the blue band and the red line) is reserved for pacelines and hard efforts. Slow riders to ride in single file on the stayer's line unless they are overtaking or doing an effort.

Only officials may cross the track while the track is open for riding.

No riders will be allowed on the track when it is officially closed.

Riders Area

Gazebos can be erected in designated areas only. A plan will be provided at registration showing designated areas.

Nobody will be allowed to sit inside the track.

General Rules

No one except officials, riders going to their starting station, and accredited managers, mechanics, coaches and photographers will be allowed in the centre of the track.

No animals will be allowed at Hector Norris Park Track.

Awards Ceremony

Awards ceremonies will be held as per the programme.

Riders placed in each event shall make themselves available at the time required by the organisers for the awards ceremony.

Riders who cannot attend the awards ceremony must advise the PC or the Technical Delegate so that the ceremony is not delayed while trying to locate a rider.

As per UCI rule 1.2.113, riders shall appear at official ceremonies wearing competition clothing. Sneakers are permissible instead of cycling shoes.

No headwear may be worn.

Managers, Coaches Meeting

The managers' meeting will be held at 07:00 on Sunday 12 July 2021 in front of the clubhouse at Hector Norris Park. All team managers are required to attend this meeting. Only team managers and coaches who are able to produce their relevant CSA licences at the managers' meeting, will be eligible for accreditation. Accreditation for licensed managers, mechanics and coaches to be done at the managers' meeting. Accreditation must be kept on your person at all times. Email any queries to HNP.TrackEvents@gmail.com.